

Springfield, PA — Congressman Joe Sestak (PA-07), a Veteran of 31 years in the Navy, honored Veterans at a number of events during Memorial Day.

A highlight of the holiday for the Congressman was celebrating in his hometown of Springfield by marching in the annual Memorial Day Parade. He was joined by his wife Susan and daughter Alex, who acted as the “parade princess,” leading the crowd in the Pledge of Allegiance. During the parade, four wreath laying ceremonies were held along the route, which began at Veterans Memorial Park and led to the Springfield Township building. Following the parade, Congressman Sestak addressed the audience in a brief ceremony, discussing the significance of honoring our nation’s fallen soldiers at the Springfield Township Building.

Earlier in the day, the Congressman kicked off the Lansdowne Memorial 5K Run, hosted by the Lansdowne Economic Development Group. Following the parade, he travelled to Ridley Park to participate in the township’s Memorial Day Ceremony. The Congressman then spoke at the American Legion Post 338 Ceremony in Havertown. Finally he visited Darby VFW Post 598 where members had created a wall full of pictures of fallen soldiers from Delaware County.

“A Memorial Day weekend of somber reflection and celebration of our nation’s heroes is an important part of recognizing the men and women in uniform who have defended our country courageously,” said Congressman Sestak. “But these festivities only come around once a year. We must, every day, remember those who have fallen, care for those who are injured in our conflicts, and honor those who have served.”

*Former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, and was Commander of an aircraft carrier battle group of 30 U.S. and allied ships, with more than 15,000 sailors and 100 aircraft, that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of “Deep Blue,” the Navy’s anti-terrorism unit that established strategic and operations policies for the “Global War on Terrorism.” He previously served in the White House as President Clinton’s Director for Defense Policy. According to the office of the House Historian, he is the highest-ranking former military officer ever elected to the U.S. Congress.*

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